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Bright Bees Summer Menu Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 8:00-9:00 am	Selection of cereals/ porridge and toast with fruit	Selection of cereals/ porridge and toast with fruit	Selection of cereals/ porridge and toast with fruit	Selection of cereals/ porridge and toast with fruit	Selection of cereals/ porridge and toast with fruit
Snack 10:00am	Fruit selection Milk/Water Breadsticks/crackers and cheese	Fruit selection Milk/Water Breadsticks/crackers and cheese	Fruit selection Milk/Water Breadsticks/crackers and cheese	Fruit selection Milk/Water Breadsticks/crackers and cheese	Fruit selection Milk/Water Breadsticks/crackers and cheese
Lunch 11:50-12:15 (Served with side salad daily)	Chicken stir fry with noodles	Butternut squash soup and fresh bread rolls	Pasta with lamb meatballs and spinach in a creamy tomato sauce	Vegetable savoury rice	Fish, chips and mushy peas with beans
Vegetarian option	Tofu stir fry with noodles	Butternut squash soup and fresh bread rolls	Pasta with vegetable koftas in creamy tomato sauce	Vegetable savoury rice	Vegetable sausages with chips and beans
Dessert	Fairy cakes	Choc rice crispies	Fruit yogurts	Victoria sponge	Melon and grapes
Snack 2:00pm	Fruit selection Milk/Water Breadsticks/crackers and cheese	Fruit selection Milk/Water Breadsticks/crackers and cheese	Fruit selection Milk/Water Breadsticks/crackers and cheese	Fruit selection Milk/Water Breadsticks/crackers and cheese	Fruit selection Milk/Water Breadsticks/crackers and cheese
Tea time 3:30pm	Cheese and tomato pizza	Assorted sandwiches (Cheese/jam/egg/ cucumber)	Potato waffle and beans	Cheesy vegetable bake	Macaroni carbonara